Views from the School Leaders

B.Chandra Sekhar
Administrator
Johnson Grammar School, ICSE & ISC
Hyderabad, Telangana.

Mission Safe School

Ensuring the safety of children in schools should be a top priority for all educators, parents, and policymakers. School safety is critical for creating a conducive environment for learning and providing a sense of security to parents and students alike. While schools are generally safe, they do encounter instances of bullying, violence, and accidents that have threatened the safety of students. Therefore, the journey towards a safe school should be a continuous effort that involves all stakeholders, including students, teachers, parents, and the community.

To achieve a safe school, there are several measures that schools can take. For instance, schools can implement safety protocols such as vigilant checks on the people entering and leaving the premises, regular safety drills, security cameras, metal detectors, and emergency response plans to ensure that students and staff can respond promptly and effectively to any safety threat. Additionally, schools can foster a positive and inclusive school culture that promotes respect, empathy, and compassion among students and staff. This can be achieved through programs such as social-emotional learning, character education, and conflict resolution.

Moreover, school safety involves creating an environment that is physically safe and healthy.Schools should ensure that their buildings and grounds are well-maintained, with proper ventilation, lighting, and sanitation facilities. They should also have policies and procedures in place to prevent and address health hazards, such as the spread of communicable diseases. It also goes without saying; the school must be actively involved in orienting its staff with respect to response mechanisms during impending situations or unforeseen calamities.

The importance of child safety in schools cannot be overstated.

Schools are not just places of learning but also serve as a safe haven for students. When students feel safe and secure in school, and are devoid of fear, they are more likely to be engaged in learning, have better academic outcomes, and develop healthy social and emotional skills. Conversely, when students feel threatened or unsafe, it can lead to emotional and mental distress, absenteeism, and poor academic performance. Implementation of practices like adherence to the Zero Tolerance Policy, and creating awareness amongst staff and students about Health, Safety and Child Protection practices and provisions is fundamental.

At Johnson Grammar School, ICSE, Hyderabad also, the journey from the inception of HSS (Health, Safety and Safeguarding) as a separate wing in 2017 to the evolved HSCP (Health Safety and Child Protection) in 2023 has been very enriching. The school, in 2017, during the Global Audit secured a green rating with 95% score. Since then, the process has undergone constant upgradation through regular PSI audits being conducted in 2018 and 2019, establishing of the COVID protocols and adding CERT (Covid Emergency Rescue Team) in 2022 to the existing HSCP Committee. During the recent School Health Safety and Management System Audit by Bureau Veritas, the documents and procedures pertaining to fire safety, campus safety, food and water safety, statutory compliances were scrutinized. The records of the incidents and accidents were checked along with the risk assessments done. The physical visit to all the areas of the school

Views from the School Leaders

checked the implementation of the processes and confirmed hazard mitigation. The school's score of 99.2% (Habsiguda) and 99.8% (Mallapur) with a Platinum rating was a testimony to the successful alignment towards our Mission of having a safe School.

In conclusion, creating a safe school is an ongoing journey that requires the commitment and collaboration of all stakeholders. School safety encompasses various aspects, including physical safety, emotional well-being, and health. By prioritizing the safety of students, we can create a favourable learning atmosphere that fosters academic success, positive social and emotional development, and healthy communities.

Anuradha Srinivasan
Deputy General Manager - Academics

Online bullying! the real areas of concern

We have all heard or said this at some point of time, "Don't be a bully ". To be a bully is to impose yourself on the other person, it could be physical, social or emotional. Bullying is an act of repeated aggressive behaviour which is intended to hurt the other person and is seen at home, at schools, workplaces and online.

Sadly, bullying can be perpetrated by individuals or by a group when there is an imbalance of power. Bullying can be physical, verbal or online which is also called cyber bullying.
Victims of bullying can be of any age, but the most affected are the children.

According to a study in 2019 by The Teacher Foundation, in association with Wipro Applying Thought in Schools (WATIS) in 15 cities found that 42 per cent of students of Class 4 to 8 and 36 per cent of Class 9 to 12 said they are subjected to bullying and harassment in school campuses.

/*Source: Violence against Children in India — Vikaspedia */

In a 2019 UNICEF U-Report poll, one in three children in India reported that they experienced cyberbullying. Of these, more than half the respondents were not aware of services to report online violence as per this global poll report.

/*Source: Violence against Children in India — Vikaspedia */

Cyber bullying is prevalent now in most places, as the influence of social media is high and the need to have a social media presence is the highest among the adolescents. Cyber bullying is like an invisible enemy and the victims of cyber bullying suffer silently.

Cyber bullying takes place through the digital devices like the phone, laptop, computers etc. and can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content.

Cyber bullying can harm the reputation of both the perpetrator and the victim

Parents and teachers can sense that their loved one is a victim of bullying by looking out for these changes in them

a) Wanting to be alone most of the times.

b) Not allowing Parents or other family members access to their digital devices like mobile, laptop and also their social media accounts.

c) Loss of weight with changed eating and sleeping patterns.

d) Feeling irritable and having a very low self esteem

e) Having a physical wound or marks of hurt.

f) Absenteeism from school

g) A decline in interest in academics, other activities like playing and a dip in scores.

Support for victims of bullying is critical. A non-threatening communication space is to be provided, where the victims are willing to talk and seek help. In most cases, help needs to be actively provided.

Views from the School Leaders

Prevention is also a key at schools, homes and work places. A formal platform in schools needs to be set up, with focus on workshop, seminars and activities for building awareness about the various forms of bullying.

Sensitizing the teachers, parents and children about the behaviours which amount to bullying, both physical and online, is critical. Posters listing out behaviours of, "Am I being a bully" or "Am I a victim of bullying" need to be put up. Do's and Don'ts while being online or using a social media as ground rules need to be set up in classrooms and homes of adolescents.

Bullying can leave a long lasting problematic behavioural patterns in the victims. A strong message which assures that the victim is not alone and they need to seek help and stop getting bullied is an important factor. We as parents, teachers and peers hold the key to stop bullying.

Mini Regin
English Teacher &
Student Counsellor
Sarjapura School

Cyberbullying – The New Age Demon

"It is the greatest truth of our age. Information is not knowledge."

I remember when I was a child studying in primary school, I had memorized quite a few landline numbers, my parent's workplace, home, neighbours, friends, etc. However, these days, everything seems to be at our fingertips and not in our memory. Hence, the saying 'Information is not knowledge' it is at our fingertips.

Knowledge is always fruitful in one way or the other. In today's world, children over the last 15 years have been born into a digital age which is highly advanced. Most parents these days keep their children occupied by just giving them digital devices in their hand. Children at a very tender age of 3 to 4, begin learning and comprehending the processes of the working on a touch screen mobile much faster than adults.

In olden times, teenagers bullied each other, fought with each other, physically or verbally. This has now taken a completely different turn. Bullying and teasing is now happening using technology which reaches the entire world within seconds. Posting prank videos or pictures, spreading false rumours, giving away an individual's personal information, etc, are the new age means of bullying or teasing which is now termed as 'Cyber Bullying'. This has been observed not just in teenagers but also in children who are about 9 to 10 years of age and studying in Grades 4 or 5 onwards. Creating Whatsapp groups among selected friends with the intention of putting down others or spreading false rumours has become common among children in schools. Afterall, they are learning everything from their parents as their role models.

The victims of such bullying are tormented by such actions in a much severe manner than the physical or verbal bullying. Children of middle school years are going into depression, they display symptoms such as constant stomach aches or headaches, refusal to go to school, etc. In severe cases, we can even find children who would want to take away their lives.

Children, especially in the teenage years, have a 'I know it all' attitude. Many of them refuse to listen or understand when tried to be warned against such hazards. As the saying goes, 'prevention is better than cure'. It lies in the hands of all of us parents to direct our little children in the right path. We have been witnessing the true personality of individuals,

Views from the School Leaders

especially of our youth. If they are of the right mindset, they choose to use the technology for the right reasons and have a bright future. If they choose to follow the negativity which comes along with the power of technology in their hands, then they will realize their mistakes one day or the other. Let us all together strive to direct our future citizens in the right path by making them realize the importance of using the technology for the right reasons.

Ekta Gupta
Student Counsellor
Amanora School

Mental health concerns due to Bullying/Cyberbullying

"It is the greatest truth of ourage.Information is not knowledge."

Bullying has a reputation as a schoolyard problem but its mental health effects go far beyond the school. Bullied children face an increased risk of social and emotional problems in the short and long term, even into adulthood.

The bully also is equally at-risk of the personality and other issues in the present as well as in the future.

Bullying happens when one person has a physical or social advantage over a child, and they use that advantage to act aggressively toward the other in physical, verbal, social and virtual form. The person who bullies can be an adult including teachers and parents or another child.

Bullying can lead to short term consequences in the form of anxiety, depression, low self-esteem, difficulty sleeping, self-harm or suicidal thoughts. Short term effects of bullying do not go away when a child grows up but warrants an increased risk of mental health difficulties, including generalized anxiety, panic disorder, depression, loneliness etc.

Bullying doesn't just harm the victim but the bullies as well in the different forms such as developing as aggressive and act out in other ways, feel less positive about everything and develop antisocial personality disorder. Children who are both bullies and bullied tend to struggle the most as adults.

Physical - Hitting, kicking, punching etc.

Verbal - Name calling, teasing, threatening

Social - Exclusion, rumours, encouraging other bullies

Virtual - Posting untrue things online, sending threats.

It is important to note that knowingly and unknowingly adults

including teachers and parents also act as instruments of bullying instead of learning to notice bullying and help children diffuse the situation. Adults must take cognizant of the methods used by them in lieu of disciplining the children so that they themselves are not contributing to the bullying of children. It's the responsibility of adults to notice the immediate effects of bullying, like a child who suddenly doesn't want to go to the school or isn't talking to their friends anymore. A bullied child may also show physical symptoms like fatigue, headaches, or changes in eating habits.

Once the above is noticed, it's important not to wait for the child to say something but rather to initiate the conversation yourself and ask if they're afraid or uncomfortable around anyone.

Talking to the children about healthy responses to bullying is more powerful than the glib response of "just walk away." Brainstorming with the child: How can they feel mentally strong and safe around the bully?

Remember, having a safe space to talk is hugely important for children's mental health. Bullying prevention strategies must be implemented with complete seriousness in schools.

Punishment based methods do not work, and neither do strategies that require the children to "work it out" among themselves.

Following prevention strategies are of paramount value in curbing the bullying culture and having the

Views from the School Leaders

bullying free schools.

1) Positive school climate- When a school invests time and attention in building positive relationships among students, rates of bullying decrease. This includes giving teachers the tools they need to handle bullying among their students
.
2) Social and emotional learning programs- Children need to learn to manage their feelings and regulate their behaviours. Teaching the students to understand how they feel and choose positive expression is important.

3) Open communication at home- Adult's cannot intervene when they don't know what's going on, and children won't give information if they don't feel emotionally safe with an adult. Remember, children are still developing their managing skills. They need adults' help in navigating their social world. It may seem like a small thing now, but it can transform their mental health in a big way.

Why Bullying Should Be Stopped In Schools?

Form the HSCP Editorial Desk

Bullying is a pervasive problem in schools around the world, and it can have a significant impact on the mental health and well-being of both the victims and the bullies themselves. Research has shown that bullying can lead to a range of negative outcomes, including depression, anxiety, and even suicide. In addition to the emotional and psychological effects, bullying can also have a detrimental impact on academic performance, attendance, and social development. For these reasons, it is essential that schools take a proactive approach to prevent and address bullying, and provide support and resources to both victims and bullies to promote a safe and inclusive learning environment.

Data from the 2018 Iowa Youth Survey to investigate the relationship between bullying and mental health outcomes among students in grades 6, 8, and 11. The study used two mental health questions as dependent variables and a multivariable logistic regression analysis to examine the correlation between the dependent variables and ten types of bullying included in the survey.

The study found that not all forms of bullying were equally associated with mental distress. Physical bullying had a comparatively weaker association with mental distress compared to identity bullying on sexual orientation or gender identity or sexual joking, which consistently showed significant odds ratios for feeling sad or hopeless and attempting suicide. Cyberbullying and social bullying were also associated with mental distress, but generally had odds ratios between those of physical and identity bullying. When adjusting for medication use or bully-victim status, the adjusted odds ratios were generally lower than the unadjusted odds ratios.

What are the laws to stop bullying in schools in India?

In India, there are several laws and policies that address the issue of bullying in schools. The following are some of the most important laws and policies related to bullying in schools in India:

Protection of Children from Sexual Offences Act, 2012 (POCSO): This act provides protection for children from sexual abuse and exploitation, including bullying that involves sexual harassment or assault. It also provides for the establishment of special courts for the speedy trial of offenses against children.

Right to Education Act, 2009 (RTE): This act guarantees the right to education for all children between the ages of 6 and 14. It also provides for the prohibition of physical and mental harassment of children, including bullying, in schools.

National Policy on Education, 2020: This policy emphasizes the importance of creating safe and inclusive learning environments in schools. It also encourages schools to implement measures to prevent and address bullying and other forms of violence against children.

The Juvenile Justice (Care and Protection of Children) Act, 2015: This act provides for the care, protection, and rehabilitation of children who are victims of abuse, including bullying. It also provides for the establishment of special courts for the speedy trial of offenses against children.

The CBSE (Central Board of Secondary Education) School Bullying Protection Law requires schools to establish Anti-Bullying Committees to prevent and address cases of bullying. This committee is made up of various members, including school staff, parents, and legal representatives, who are responsible for developing and implementing a School Bullying Prevention Plan. The committee is also responsible for developing training programs for staff, students, and parents, creating awareness about bullying through

Why Bullying Should Be Stopped In Schools?

various programs, and being vigilant to signs of bullying and responding quickly and sensitively. The names and contact numbers of the committee members should be displayed prominently in the school premises to ensure accessibility. By establishing these committees and implementing preventative measures, schools can create a safer and more inclusive learning environment for all students.

Overall, the study suggests that not all forms of bullying have the same impact on mental health, with sexual identity or gender-based bullying and cyberbullying having the strongest correlation with negative mental health outcomes. The study highlights the importance of designing and implementing effective anti-bullying interventions, particularly those that address sexual identity or gender-based bullying and cyberbullying. While medication may have some mitigating effects on the impact of bullying, more research is needed in this area. Finally, the study emphasizes the importance of including all victims of bullying in anti-bullying interventions, regardless of whether they are also engaging in bullying behaviour themselves.

HSCP Activities / Initiatives around our Schools

School Health Safety Management System(SHSMS) Certification

External validation of school health safety standards through Bureauviratas was conducted at three more schools during this period apart from the schools that was completed in the previous quarter. All the schools achieved **PLATINUM** grading with a performance score of above **95%.** The summary of audit outcomes and score is depicted in the below table. Kudos and congratulations to the team for achieving this milestone of achieving **SAFE SCHOOL** Certificate.

SCHOOL NAME	SCORE (in %)	GRADE
AMANORA	95.1	PLATINUM
TMPIS	98.2	PLATINUM
TATTVA	95.2	PLATINUM
JGS HABSIGUDA	99.2	PLATINUM
JGS MALLAPUR	99.8	PLATINUM
RIA HINJAWADI	95.6	PLATINUM

Health Safety –Hazard Identification and Corrective Action Register

Hazard identification and closure within the timeline is the prime focus of the Health Safety and Child Protection committee in all our schools. The findings of internal HSCP audits, external stakeholder's audits have been tracked by the HSCP coordinator through the HICAR reports. Latest summary of HICAR status is shown in the below table.

Total No.of Hazards	No.of Hazards Closed	No.of Hazards Open	Open more than 90 Days	Open more than 30 Days
1772	1706	66	0	23
Percentage	96.28%	3.72%	0%	1.30%

NEWSLETTER

Volume 23, March 2023

Safe School Certificates

HSCP Activities / Initiatives around our Schools

Road safety Week in schools

Schools have executed various activities on the occasion of Road Safety Week during the month of Jan 2023. Few events that schools have conducted included safety rally's, awareness training, transport safety quiz/poster making events for students.

Fire Evacuation Mock Drill

Fire evacuation mock drills were conducted in the schools for the Term 2. Team could completely evacuate entire people in the building within a span of 3 mins. Drill evaluation forms was completed to identify the gaps to prepare for the future occasions.

Fire and First Aid training programs

Annual fire and first aid training was held in many of our schools. This was to enable our community to handle any fire and first aid emergency situations. Staff mainly from admin team, support staff members and students in the school participated in this training programs.

Health Check-up Camp in the school

Medical Health check-up campaign was held in our schools during this period. All our learners, staff, support staff have undergone this check-up. Medical examination included general examination, Physical Examination, Systemic Examination, Dental and Vision analysis.

HSCP Activities / Initiatives around our Schools

Menstrual Hygiene Session

Menstrual Health and Hygiene (MHH) is **essential to the well-being and empowerment of women and adolescent girls. Some of our schools organised an awareness program on MHH for our learners.** These sessions were focussed on important movements to make **hygiene** products available to girls and women, and erasing period stigmas The sessions were very insightful to our learners and the teachers and gained positive feedback.

Emotional Wellbeing Programs

Few of our schools participated in the emotional wellbeing workshop program that was conducted by Fortis Hospitals. Sessions on various topics like Mental toughness learning from sports, "Safe touch and Unsafe touch," "Be a Buddy, Not a Bully," psychological first aid were included in these sessions and delivered at school by the resource person from Fortis School mental health team. The sessions were insightful to our learners and the teachers and gained positive feedback.

Parent Audit in the School

As a drive to include every stakeholder in school safety, we have implemented a parent audit of the school safety system. Accordingly, Safety Inspection was conducted through parent committee members of HSCP team in various schools during this period. The parent-auditors were assisted by the School HSCP coordinator whilst undertaking risk assessment. Schools have attended to the audit observations so as to eliminate them in a time bound manner.

Certifications and Achievements

Fire NOC Amanora

Health & Sanitation Certificate Bavdhan

Health & Sanitation Certificate Hinjawadi

Lift license Dombivili
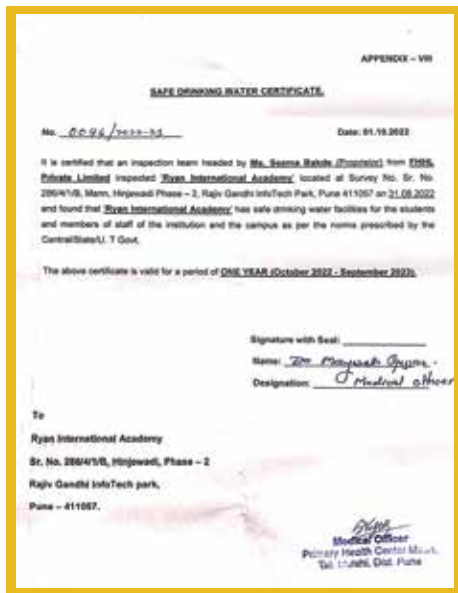
Safe Drinking Water Certificate Hinjawadi
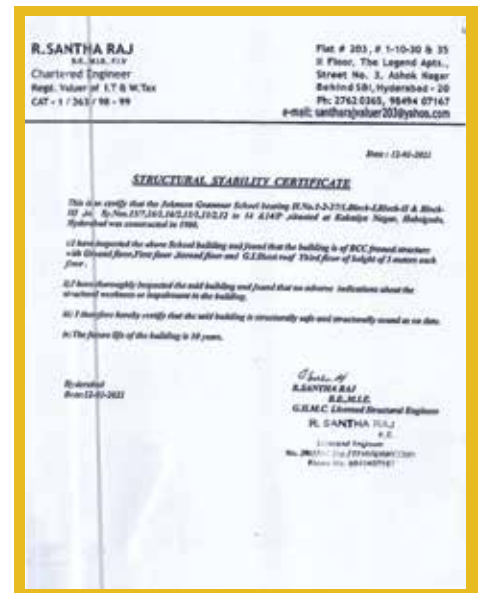
Structural Stability Certificate JGS Habsiguda

Other HSCP Events' updates from the school

Session on Importance of sleep and limit Gadget usages at Dombivli School

Road safety poster created by student at Tattva School

Mental health awareness session for staff at Dombivli School

Mental toughness session for students by Fortis hospital at Dombivli School

Emotional wellbeing session for teachers at Bavdhan School

Session with drivers of Private vehicles on safety at JGS Habsiguda

Surprise bag checking at JGS Habsiguda

Health safety alert briefing in the classroom at JGS Habsiguda

NEWSLETTER

Other HSCP Events' updates from the school

Transport staff training on driving etiquettes at JGS Habsiguda
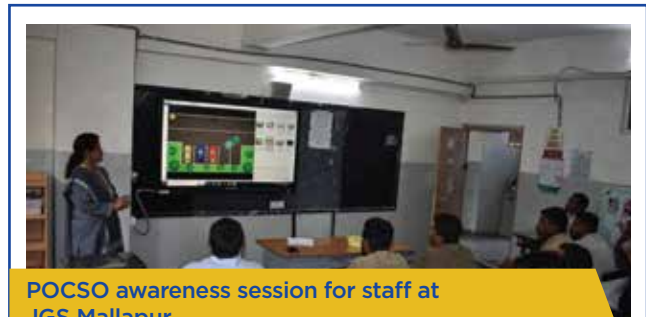
POCSO awareness session for staff at JGS Mallapur

Teachers workshop on stress management at Bavdhan School

Session for students on importance of hygiene at Dombivli School

First aid awareness program for students at Dombivli School

Firefighting training at JGS Habsiguda

School staff with HSCP course certificates at Bavdhan School.

Anti-bullying awareness for students at TM Patel

Other HSCP Events' updates from the school

Safe and unsafe touch awareness program for students at Tattva School

Mental health awareness session for students at Tattva School

First aid awareness program for students at Tattva School

Leprosy day awareness special assembly program at Tattva School

Say 'No to Drugs' campaign at JGS Mallapur

World Health day celebrations at JGS Habsiguda

Appreciation and rewarding of support staff based on HSCP criteria

Portable Appliance Testing (PAT) at Amanora School

NEWSLETTER

Other HSCP Events' updates from the school
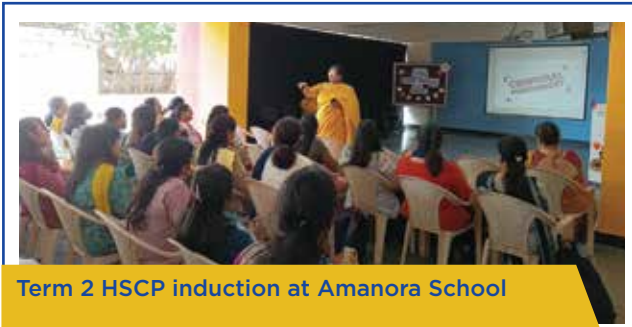
Term 2 HSCP induction at Amanora School

Road safety awareness program for pre-pirmary students at Amanora School

Lab safety training for students at Amanora School

Transport staff training at Amanora School

First aid training for staff at Hinjawadi School

Firefighting training for staff and students at Hinjawadi School

Mental health session for teacher at Jaipur school

Emotional well being program for students at Jaipur School conducted by Fortis

Other HSCP Events' updates from the school

POCSO session for staff at Jaipur School

HSCP induction of support staff at Sarjapur School

Training on Ergonomics at Jaipur School

Issue of HSCP induction certificates to the staff who qualified in the test

mental health for adolscents at Tattva School

Session on Peer pressure at Bavdhan School

World Earth Day Program at Sarjapura School

World Earth Day Specia;l Assembly at TMPIS

HSCP induction of Support staff at Habsiguda

Parent Feedback Corner

Ms. Malathi Biradar
Parent of Anushree Biradar - Grade 8B, Tattva School

For a parent to send their child to school they to have their own insecurities, as a parent I would like say that the HSCP as made me feel secure to send my children knowing that their safety is taken care off. The health safety Alerts of the week are really helpful for the students to be aware of the various disease which they may be prone to. The health safety awareness programs done in school has taught my kids what to do in various situations like when there is fire. I also really admire the recent program taken especially for adolescents & I am really thankful to HSCP for guiding my kids and other students in the proper direction with these programs.

Ms. R Padmavati
Parent of N.Naga Phalguni Grade 8, Tattva School

HSCP is a basic and important information provided to the children. My child is studying in tattva for almost 10 years and there has never been any regrets on the services provided by the school. Tattva thrives it's best to provide complete safety and care to the children, from cctv monitoring to complete verification. The teachers, coordinators, captains and vice captains thrive their best to promote wellness and care by providing weekly alerts to the students as well as parents. Tattva strongly believes in one's protection and safety. Thus, any parent before entering the school is verified by the security guard to ensure the safety of the students and the school.

Overall, I am highly satisfied with the school.

Ms. Farzeen Bavaadam
Parent of Zayaan bavaadam Grade 2 B, TM Patel International School Surat

I am glad that my child is studying in T M Patel International School where HSCP is given so much of importance.

Health, Safety and Child protection plays a dynamic role in today's emerging world. Bullying is happening everywhere and the chances that you will encounter it are high. Around the world bullying is big particularly within schools and online in cyber space. Children who were frequently bullied by their peers were more likely to develop psychotic symptoms in their early adolescence. Bullying will stop when individuals protect themselves; when schools create a community of respect. TMPIS is very sensitive and intolerant against the child's safety. TMPIS's with an unflinching commitment to "Child's Safety" provides a safe and enabling environment to entire students. They help to build student's self-confidence.

Safety competences are gained by providing safety related learning experiences for students. Teaching and learning safety go hand in hand at TMPIS where one can see better results when students are encouraged to develop better skills in their daily life such as managing their daily activities and above all avoiding dangerous situations. Safety programs at TMPIS enhances social-emotional skills and attitudes

Parent Feedback Corner

of the students which increase the frequency of positive social behaviour that in turn enhances the student to perform better academically and reduces severity of conduct issues and emotional problems.

Mr. Naveen Kumar Ramidi,
Parent of Prerana Reddy Ramidi, Grade 5C-JGS Habsiguda

I am also a HSCP Parent Committee Member, appreciate the school taking many precautions and health and safety standards and always trying to resolve newer issues which keep arising due to dynamic and challenging environments around We have noticed how much care you take when students come to school in the morning. Sanitizing, noticing body temperatures (in initial days), Managing and monitoring the morning and evening Traffic around the school and School Admin and Security team located at all corners of streets helping students cross the roads.(aware of limitations of the narrow school street filled with Autos, vans, buses, kids and parents vehicles).

Even a thing like Electricity pole safety surrounding the school, you have added wooden padding on all the electricity poles around the school, so it's safe to assume how much more care you take with infrastructure inside the school and safety standards you follow.

The regular health tips uploaded online/sent with students helps the kids in understanding the health safety issues. My kids even educate us about the good habits and protocols taught in school which makes us happy.

Keeping the students aware of Anti Bullying and environmental damages with various activities and projects.

Ms. Anushree Jain,
Parent of Ojal Jain from XII D, Amanora School

As a parent, what is the first thought that comes to your mind? Mine has always been the safety and wellbeing of my child and I am sure that lots of you out there will agree with me. In this very quest and wish, we constantly search to provide our child with an environment which is safe and happy. Amanora School has proved to be that safe cocoon; wherein quality education is provided along with safe nurturing until the students turn into beautiful butterflies!

The school has a strict vigil against peer bullying and the students are consistently sensitized regarding the consequences of acts regarding the same through posters, special assemblies and training programes.

Every student is assured a helping hand through the health and safety cabinet members as well as HSCP head Seema Garg Ma'am. The school proactively organises numerous POCSO, fire, and cyberbullying trainings to ensure that the students are well aware of such threats.

The school has taken a myriad of safety initiatives which have been appreciated by parents and students alike. After all precaution is certainly better than cure and Amanora school encapsulates this to the very core. I am immensely grateful for the safe haven that Amanora school has provided for my child.

Parent Feedback Corner

Ms. Nimmi Baburaj
**Parent of Niharika Baburaj XF, Amanora School**

School safety is an accomplishment that deserves credit and celebration. Students go to schools in order to study, develop, and grow. Schools must offer a secure setting for students, employees, and visitors in order to make sure this occurs. The adoption of safety procedures and measures is one of the schools' greatest accomplishments. Plans for preparing for emergencies, safety drills, and safety gear are some of these precautions. To safeguard the safety of everyone on the school grounds, schools have made substantial investments in safety devices.

The school also has put forth a lot of effort to enhance safety by instructing staff and students on best practices. Teaching students about potential dangers and emergency response procedures as part of safety education. The school also put forth a lot of effort to enhance safety by instructing staff and students on best practices. Students are taught about potential risks and emergency response procedures as part of safety education. This instruction aids in increasing awareness and fostering a safe culture among students.

Overall, it is impossible to stress how important school safety is. Schools that place a high priority on safety offer a setting that supports education, personal development, and progress. Because safety is an essential component of education and should never be taken for granted, Amanora school should be commended and rewarded for their efforts in promoting it.

Ms. Rajshree Tushar Chaudhari
Parent of Malhar Chaudhari Grade Mont II B, Dombivli School

School has very good HSCP protocol where the take care of proper wellbeing of students. Like dispersal is done on time and every child is individually handed over to parents ensuring safety of children. Good care is taken in school if the child is not well and parents are promptly informed in case of emergency. Proper hygiene is maintained all over the school, kids are regularly taken for handwash. Washrooms and premises are clean. I card is compulsory even for parents so that the child is handover in safe hands. Kids are also given training on various safety mechanisms.
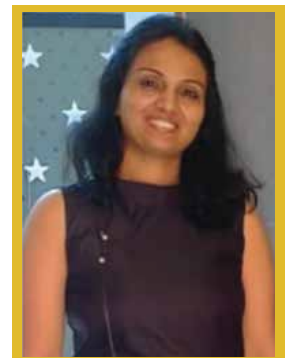
Dr. Deepthi Kondagari
Parent of Sampreerh Shourie Kondagari – 1B, JGS MALLAPUR

It's been a great experience till date ever since my daughter started her schooling with JGS Mallapur with I std now in VI std and my son now in I std. The key aspect I like the most is their focus on holistic development of the child. Apart from academics the child gets sensitized to wide variety of avenues be it arts and performance, sports, social issues, health and hygiene, peer involvement and communication to name a few. This sets foundation for the child to blossom into his/her fullest potential going ahead in their life and career. I hope that this aspect of all round development of the child remains the CORE VALUE in the future as well.

Parent Feedback Corner

Mr. Sandeep Diwedi
Parent of Aadvik Dwivedi Grade 3A, Bavdhan School

We are always amazed at how school team ensure that no rules are broken while never having to miss a deadline to execute your HSCP program and enhancement running functions.Bavdhan school is an example of how to do quality work without sacrificing the necessary legwork which gives our wards a secure and safe environment as I observed so far.

Ms. Mrinal Soni
Parent of Aarav (Grade 1 A) and Asmita Singh (Mont 1 A), Bhavdan School

HSPC team is doing well in all the aspect. It is an approachable team who promptly works for the betterment of students. The school has an impressive cell which makes it different from other school in terms of security purposes.

Keep spreading awareness through your regular newsletters and insights.

Leveraging Technology- How to report Cyber crime & Cyber bullying in India.

As the technology dependency and internet usage increased many are facing concerns crimes related online world to online frauds and cyber bullying issues majorly through the social media profiles. It is hence very important for one to know how to report such cases immediately.

Cybercrime portal (www.cybercrime.gov.in) caters to complaints pertaining to cybercrimes only with special focus on cyber-crimes against women and children. Complaints reported on this portal are dealt by law enforcement agencies/ police based on the information available in the complaints. It is imperative to provide correct and accurate details while filing complaint for prompt action.

Image: National Cybercrime portal user interface

In case of Cyber Financial Fraud, for immediate reporting, Call 1930 or 155260, a national Helpline. One can contact local police in case of an emergency or for reporting crimes other than cybercrimes.

There is another online website www.cyberbaap.org for reporting any cyberbullying reporting. One can login to the website fill the relevant information and submit the details. Details submitted will strictly be kept confidential by Cyber BAAP. Once details submitted the team members of Cyber BAAP will reach out to the individual on email and guide them with the next steps. It is advised one has to keep a record of the incident date and time of the calls, posts, comments emails or texts – don't delete any of these.
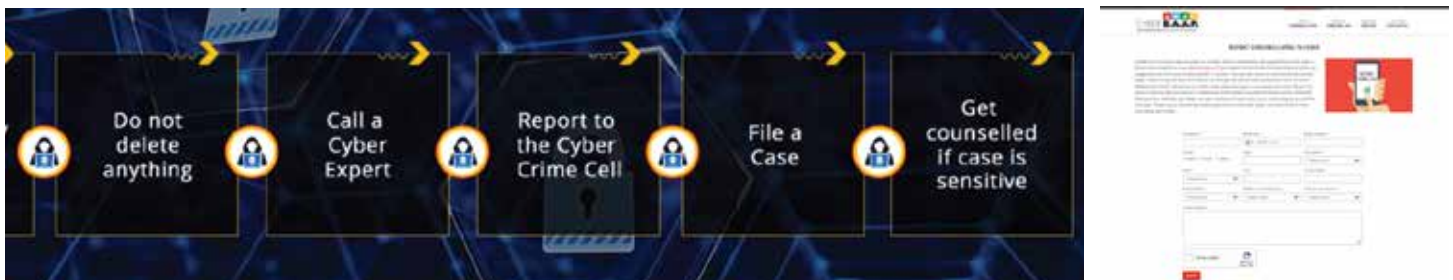

Image: Cyber BAAP user interface

NEWSLETTER

Volume 23, March 2023

Nurturing Engagement- Signs That Someone is Being Bullied

	INTRODUCTION	SIGNS
EMOTIONAL CHANGES		• Frequent tears or anger • Mood swings • Becomes withdrawn • Becomes aggressive and unreasonable •
PHYSICAL CHANGES	I can't go today...	Honey! What happened to your new dress? / I... fell. •Pattern of feeling ill and and not wanting to attend school • Has unexplained bruises, cuts, scratches • Comes home with missing or damaged things •
BEHAVIORAL CHANGES	Go away and leave me alone! / Hey, Carl!	... this isn't like you. You haven't turned in an assignment all week. • School grades begin to fall • Continually "loses" money or starts stealing • Refuses to talk about what is wrong • Begins to target siblings •

Nurturing Engagement-Quiz Section: Cyber Bullying

1) Cyberbullying is the use of_____to harm people, in a deliberate, repeated and hostile manner.

- **A** Internet
- **B** Other electronic devices
- **C** None of the above
- **D** Both A&B

2) Keeping your email address and screen names confidential can protect you from a cyberbully.

- **A** True
- **B** False

3) What do I do if a child is cyberbullied?

- **A** Not to react or retaliate, block the "bully,
- **B** Print out and keep evidence
- **C** Reach out for help
- **D** All of the above

4) Which of these are the reason why people cyberbully?

- **A** To make them feel powerful
- **B** To make them feel good
- **C** To make them feel cool
- **D** All of above

5) Kids who are cyberbullied are more likely to:

- **A** Skip school
- **B** Get bad grades
- **C** Have health problems
- **D** All of the above
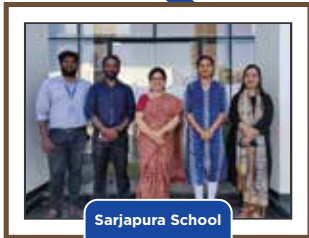
Answers : 1 D, 2 A, 3 D, 4 D, 5 D

Meet the School HSCP Team

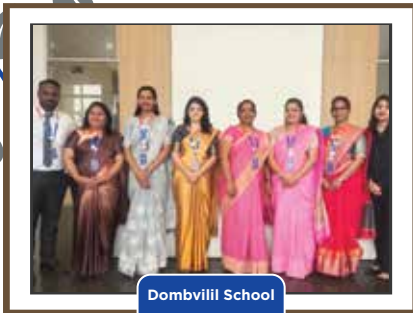Amanora School

Bavdhan School

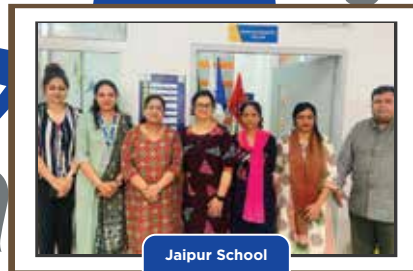Sarjapura School

Hinjawadi School

JGS Mallapur

Dombvilil School

TM Patel School

JGS Habsiguda

Jaipur School

Tattva School

We wish you a Safe & Happy Summer Vacation!
Stay Safe, Stay Healthy!

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